

## **Abstract**

In the present study (Study 1), the developmental trajectory of shame-proneness was examined. Trauma history measured by Childhood Trauma Questionnaire (CTQ) and the level of shame-proneness were collected using a college sample. Unlike hypothesized, no relationship was found between trauma and shame-proneness. However, an unexpected correlation was found between emotional neglect and shame-proneness. Dysfunctional parenting styles was then derived and suggested as a factor contributing to the development of shame-proneness. Method of trauma categorization was also revised. A follow-up study (Study 2) was carried out to further examine the relationship between parenting styles with betrayal trauma. Abuse and indifference was not correlated with shame-proneness. Only over-control parenting style was significantly correlated with shame-proneness. These results provide support that shame-proneness do not have a direct relationship with childhood trauma. Instead of early traumatic experiences, it was the parenting styles that are impactful on the development of shame-proneness.

*Keywords:* childhood trauma, shame-proneness, guilt-proneness, dysfunctional parenting styles, abuse, neglect